2-Day DISC Personal & Organisational Development workshop "Mastering others is Strength; Mastering yourself is True Power" – Lao Tzu

What are personality styles?

Every person has distinctive characteristics and qualities, combining to influence their thinking, preferences and behaviour. The DISC Personality System is a positive tool, aiming to help individuals increase in effectiveness as they identify and capitalise on strengths, whilst recognizing potential weaknesses and blind spots.

Benefits of **DISC** to you and your organisation:

Individual:

- Capitalise personal strengths and minimise weaknesses.
- Learn what motivates you and the fears that paralyse you.
- Enhance relational time personally and professionally.
- Gain greater sensitivity to others around you.
- Assess to a person's non-verbal communication.

Organisation:

- Enhance teamwork among staff in the organization.
- Resolve / manage conflicts effectively.
- Identify how and why people make certain decisions.
- Assist in achieving effective communication.
- Motivate others towards greater productivity.
- Talent acquisition, retention, staff development.
- Help to build and enhance working relationship.

Course Outline

Day 1: Personal Growth

Introduction to **DISC**: Theory & Background

- Historical Origins
- > DISC Model: Relational orientation verses task accomplishment
- Principles of Motivation

DISC Unpacking Procedure

- > Highlighting Your Individual Style
- Behavioural Tendencies
- DISC team activity

Making senses out of the **DISC** graphs

- > The meaning of your graphs
- Special patterns
- > 4 Behavioural Tools for Application of the Personality System
- Case study: Hot-Seat of the day

Day 2: Organisational Growth

- How to leverage on **DISC** to enhance leaderships at work?
- Case study & Team activity
- Relationship of Talent Acquisition / Retention with DISC

Case study & Team Activity

Managing Conflict with DISC

- Case study & Team Activity
- Build a Stronger Team with DISC
- Case study & Team Activity

Reflection & Action Plan

Typical Behaviours of the DISC Personality Style



Public Training Session

Open for Registration

Date:	19"' – 20"' August 2014
Time:	0900 - 1700

Venue: Ramada Plaza Melaka Jalan Bendahara, 75100 Melaka, Malaysia

This public training is HRDF (PSMB) claimable. Register by 25 July 2014 to enjoy early bird discount. Certificate will be awarded to participants who complete the training. Lunch, refreshments and training handout provided and included. Transportation and accommodation not included.



2-Day DISC Personal & Organisational Development workshop

About Go Training

Go Training applies effective pedagogical methodologies that demonstrate case studies and hands-on practical skills, in addition to explaining clearly how things work in principle. Every course that we conduct is delivered by a subject matter expert who holds the academic qualification and working experience in that specialization. On the days when they are not teaching, our trainers work on consultancy projects and technical deliveries. Their work has received numerous recognition and awards in the industry. Our team of trainers has been invited as keynote speakers at numerous international conferences, and as principal consultants for various industries.

About the Trainer

An articulate and highly energetic trainer, **Ms. Jasly Kong** demonstrates her passion unfailingly in every workshops she conducts. Coupled with her ability to bring in the sense of humour on the topic of human behaviours, she is able to engage her audiences, and made an **impactful** motivational talks. Jasly is a **living example** of the **DISC** practitioner as she applied her **DISC** knowledge in all her dealings with people which include her own marriage, family, career and community services.

Jasly is a **Certified Behavioural & Career Consultant** since 2006. She has a degree in **Guidance & Counselling** and worked passionately as a **counsellor** and **educator** for the last decade. With her never-stop-learning and never-stop-growing attitude, she has completed the Approved Coach Specific Training Hours (ACSTH) certification accredited by the International Coaching Federation (ICF) and earned her credential as a **Qualified Trained Coach** in 2014.



About **DISC**

The **DISC** Behavioural Style Model was developed by the Harvard psychologist William Moulton Marston, Ph.D. more than 75 years ago. He was also the inventor of the first machine-powered lie detector. The **DISC** has become one of the most widely-used models for understanding human behavior and its differences in people.



"Great leaders don't use people so that they can win. They grow people so that they all lead together. Growing people is the key to success for any organisation."

SPECIALIZED TRAINING EXPERIENTIAL LEARNING



Go Training

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